

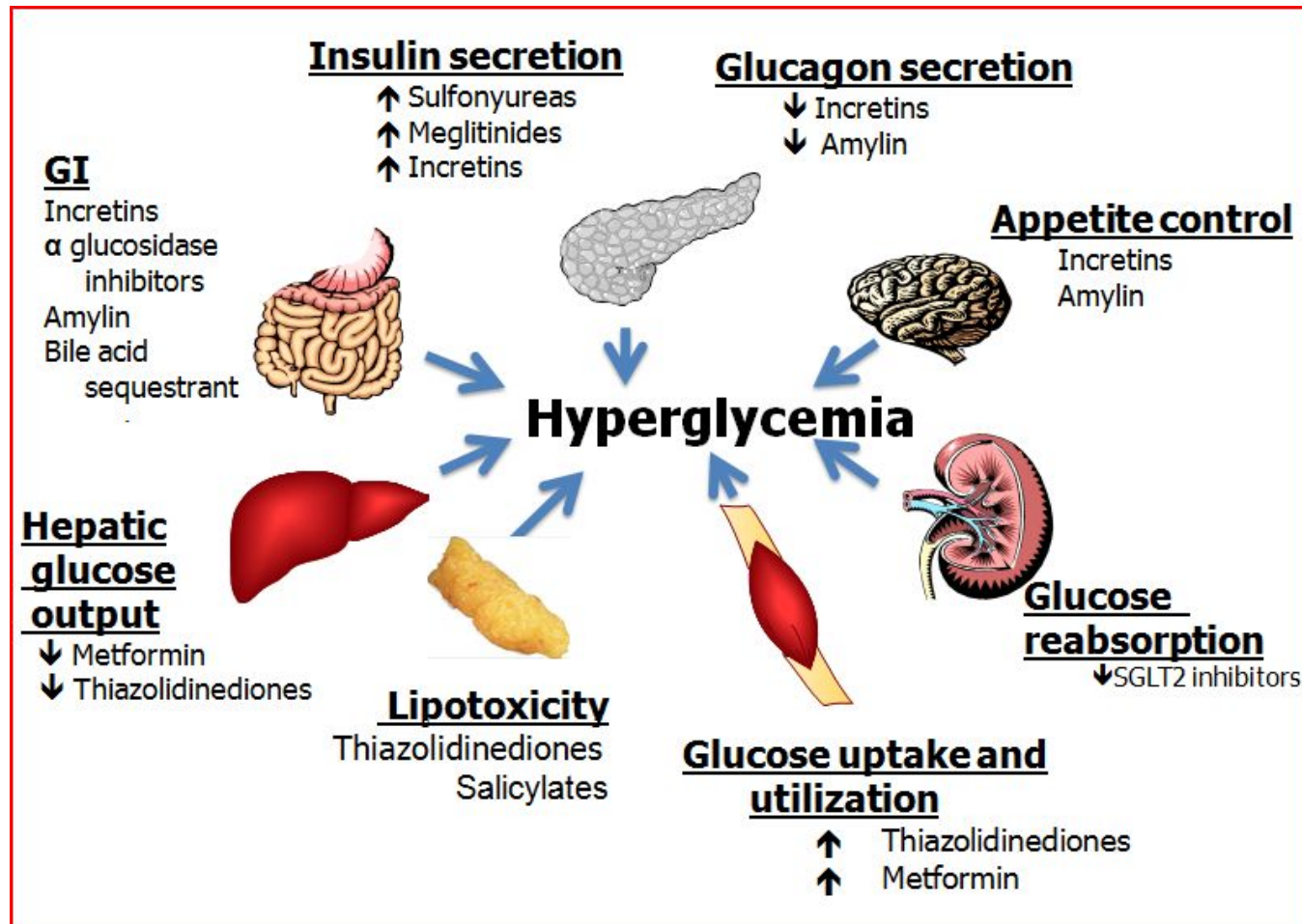
# **Artificial Pancreas Treatment®**

Gordon K. Lam, MD, FACP, FACR

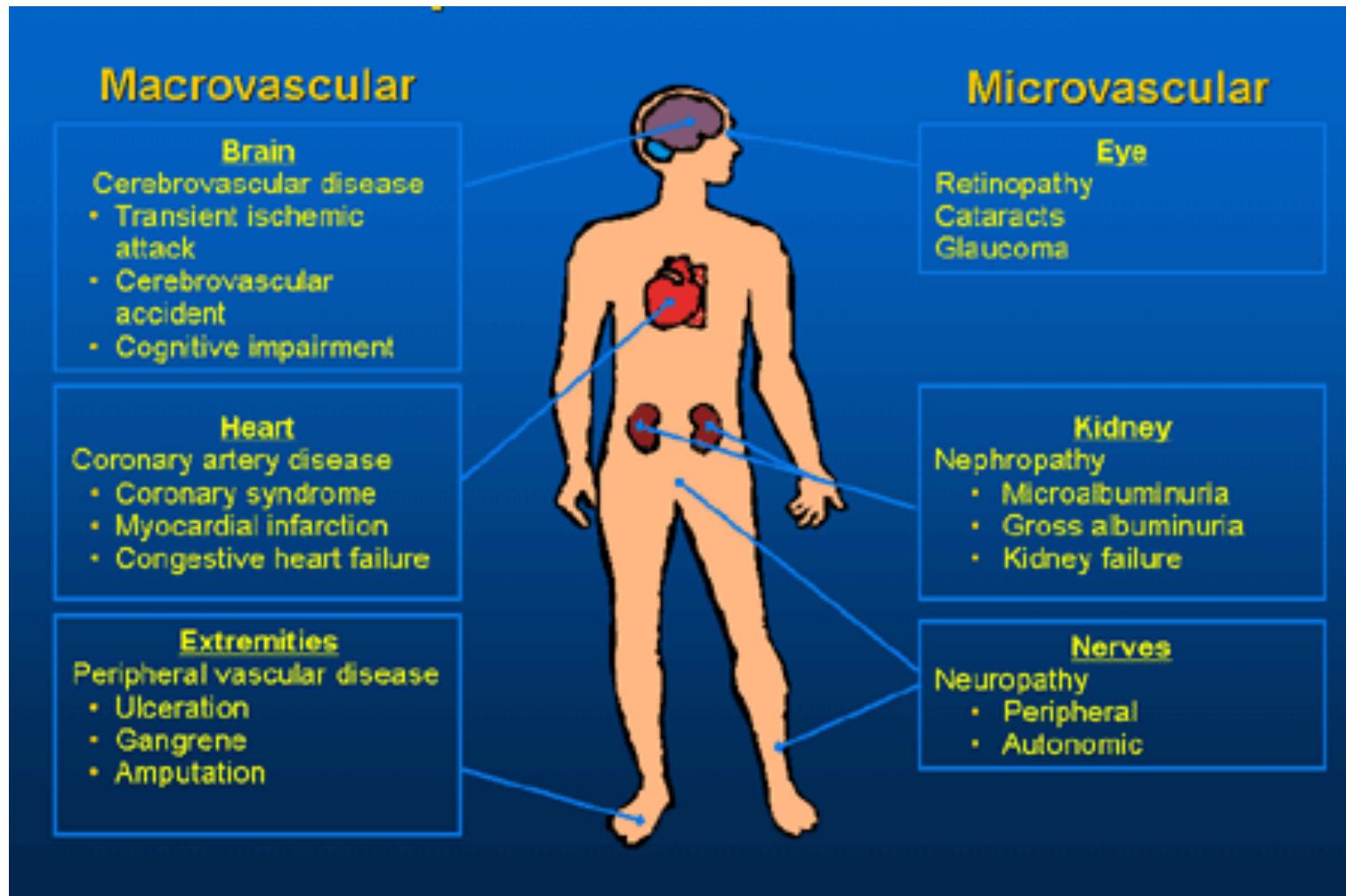
North Carolina, USA

January 31, 2014

# Traditional Treatment of diabetes



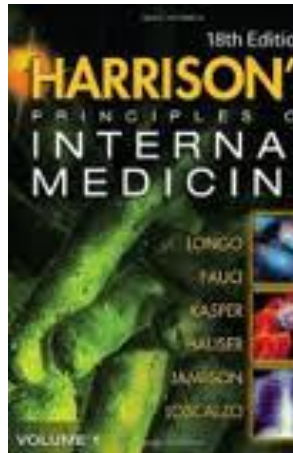
# Complications of diabetes





# Missing the forest for the trees

- Goal of most diabetic treatment is to reduce hyperglycemia and to re-establish euglycemia
- However, diabetes is a systemic metabolic disease
- Conventional therapy does not restore normal glucose metabolism or blood glucose control
- Conventional therapy does not recapitulate the endogenous insulin secretion and systemic metabolic effects



# The Best Treatment Mimics Normal Insulin Secretion & Endogenous insulin is secreted in a pulsatile manner



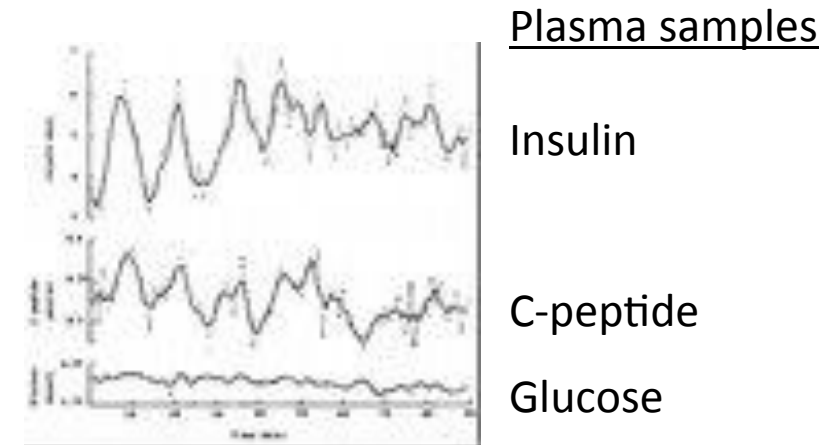
The NEW ENGLAND  
JOURNAL of MEDICINE

## Cyclic oscillations of basal plasma glucose and insulin concentrations in human beings

Lang DA, Matthews DR, Peto, J, Turner RC

1979;301:1023-1027

Based from Goodner CJ, et al. Insulin, glucagon, and glucose exhibit synchronous, sustained oscillations in fasting monkeys. *Science*. 1977; 195:177-79.



# Endogenous insulin is secreted in a pulsatile manner

**Diabetologia**

Journal of the European Association for the Study of Diabetes (EASD)

Pulsatility of insulin and glucagon release: physiological significance and pharmacological implications

Lefebvre PJ, Paolisso G, Scheen A, Henquin JC

*1987;30:443-53*

# Endogenous insulin is secreted in a pulsatile manner

The logo for The Journal of Clinical Endocrinology & Metabolism (JCEM) is displayed on a blue rectangular background. The letters 'JCEM' are in a large, bold, white sans-serif font. To the right of 'JCEM', the full journal title 'THE JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM' is written in a smaller, white, all-caps sans-serif font, arranged in four lines.

**JCEM** THE JOURNAL  
OF CLINICAL  
ENDOCRINOLOGY  
& METABOLISM

Pulsatile insulin delivery has greater metabolic effects than continuous hormone administration in man: importance of pulse frequency

Paolisso G, Scheen A, Giugliano D, et al.

1991;72:607-615

# Endogenous insulin is secreted in a pulsatile manner



## Glucose-induced amplitude regulation of pulsatile insulin secretion from individual pancreatic islets

Bergsten P and Hellman B.

1993; M42: 670-4.

# Endogenous insulin is secreted in a pulsatile manner



AMERICAN JOURNAL of PHYSIOLOGY

**Endocrinology and  
Metabolism**

Pulsatile (burst) insulin secretion accounts for 70% of total insulin secretion during fasting

Porksen N, Munn S, Steers J, et al.

*Am J Physiol.* 1995; 269:E478-88

# Endogenous insulin is secreted in a pulsatile manner

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**JCEM** THE JOURNAL  
OF CLINICAL  
ENDOCRINOLOGY  
& METABOLISM

Direct measurement of pulsatile insulin secretion from the portal vein  
in human subjects

Song SH, McIntyre SS, Shah H, et al.

2000; 85: 4491-4499

# Endogenous insulin is secreted in a pulsatile manner

The logo for The Journal of Clinical Endocrinology & Metabolism (JCEM) is displayed on a blue rectangular background. The letters 'JCEM' are in a large, bold, white sans-serif font. To the right of 'JCEM', the full journal title 'THE JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM' is written in a smaller, white, all-caps sans-serif font, arranged in four lines.

**JCEM** THE JOURNAL  
OF CLINICAL  
ENDOCRINOLOGY  
& METABOLISM

Pulsatile insulin secretion by human pancreatic islets

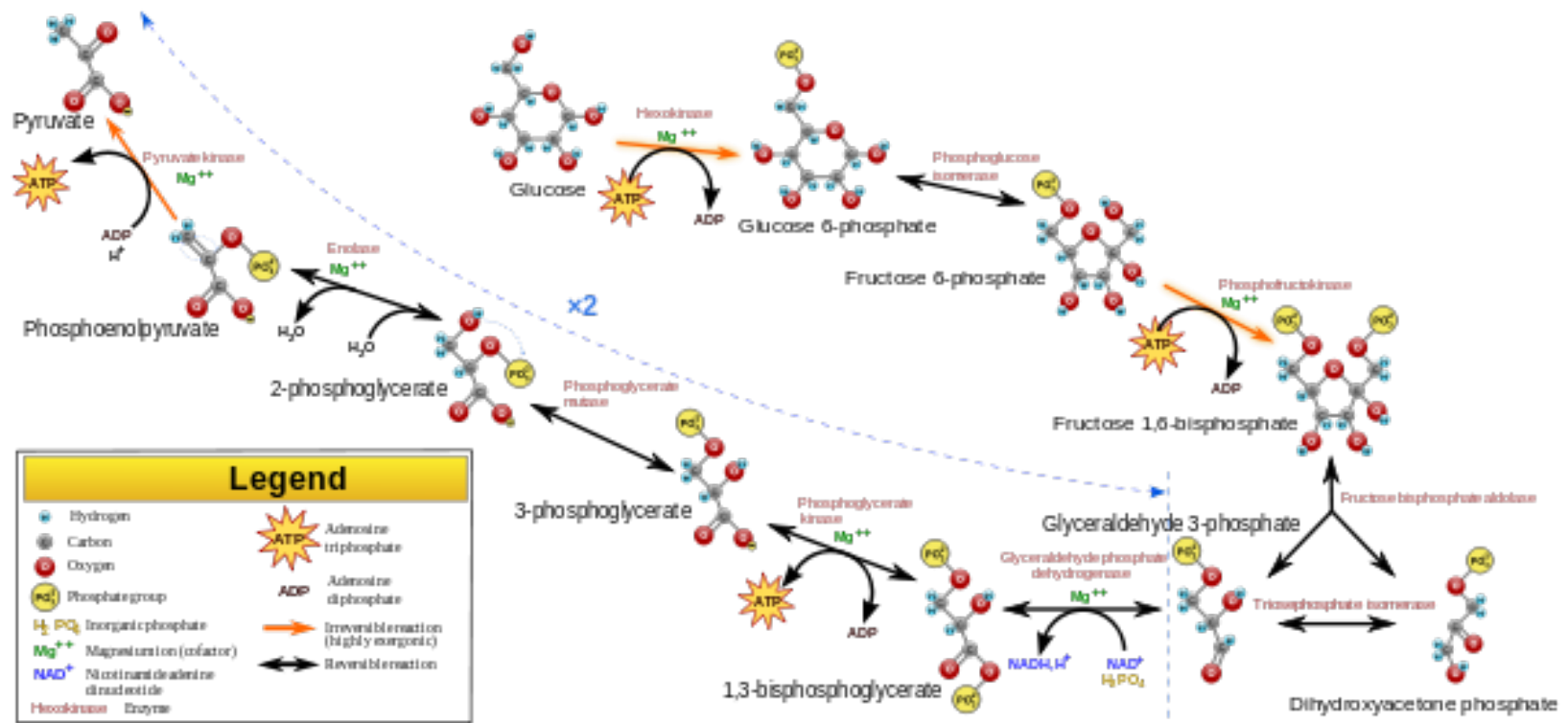
Song, SH, Kjems L, Ritzel R, et al.

2002; 87: 213-221

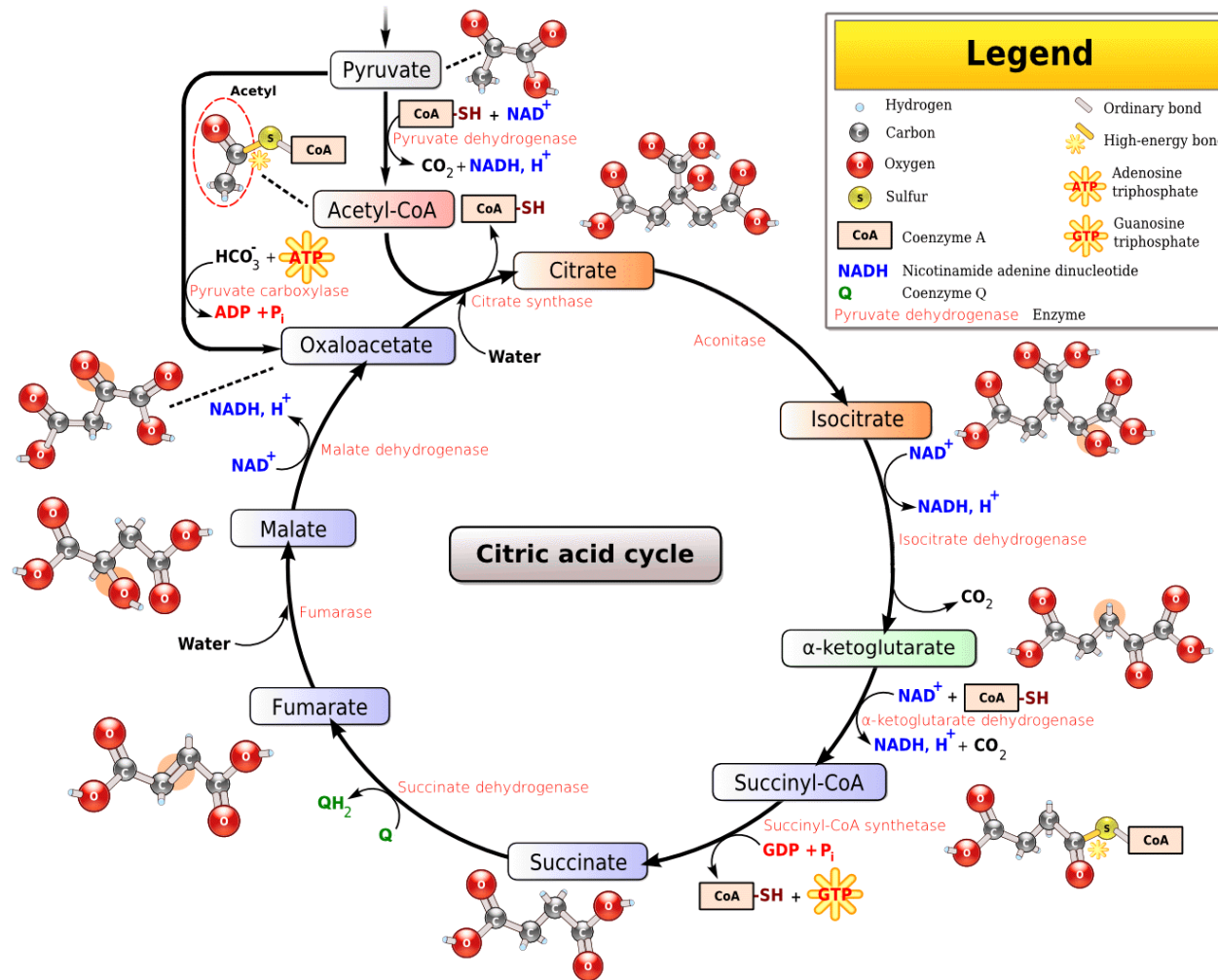
# Why does pulsatile insulin matter?

- **Pulsatile delivery of insulin has a greater hypoglycemic effect**
  - Matthews DR et al. *Diabetes*. 1983; 32: 617-21.
- **Pulsatile insulin enhances peripheral glucose uptake**
  - Schmitz O et al. *Acta Endocrinologica*. 1986; 113: 559-63.
- **Pulsatile insulin maintains peripheral insulin receptor sensitivity.**
  - Ward GW et al. *Diabetes*. 1990; 39: 501-7.
- **Pulsatile insulin upregulates metabolic enzymes of glycolysis and the Krebs's cycle**
  1. Glucokinase (hexokinase)
  2. Phosphofructokinase
  3. Pyruvate kinase
  4. Pyruvate dehydrogenase
  5. Acetyl-CoA carboxylase
  - In: Greenspan FS, ed. *Basic and Clinical Endocrinology*, 3d ed. Norwalk CT: Appleton and Lange, 1991

# Glycolysis



# Krebs cycle



# Pulsatile portal vein insulin delivery

## Enhances hepatic insulin action and signaling

- Large percentage (~55-60%) of insulin secreted from the pancreas to the liver via the portal vein is extracted
- Loss of pulsatile insulin secretion leads to intrahepatic molecular changes and altered gene expression consistent with development of hepatic insulin resistance
- Mechanism was delayed or impaired phosphorylation of intracellular insulin signaling proteins IRS-1, IRS-2, Akt, and Foxo1

Matvenyenko AV, et al. *Diabetes*. 2012; 61: 2269-79.

# Flaws of subcutaneous insulin delivery

## Pharmacokinetics

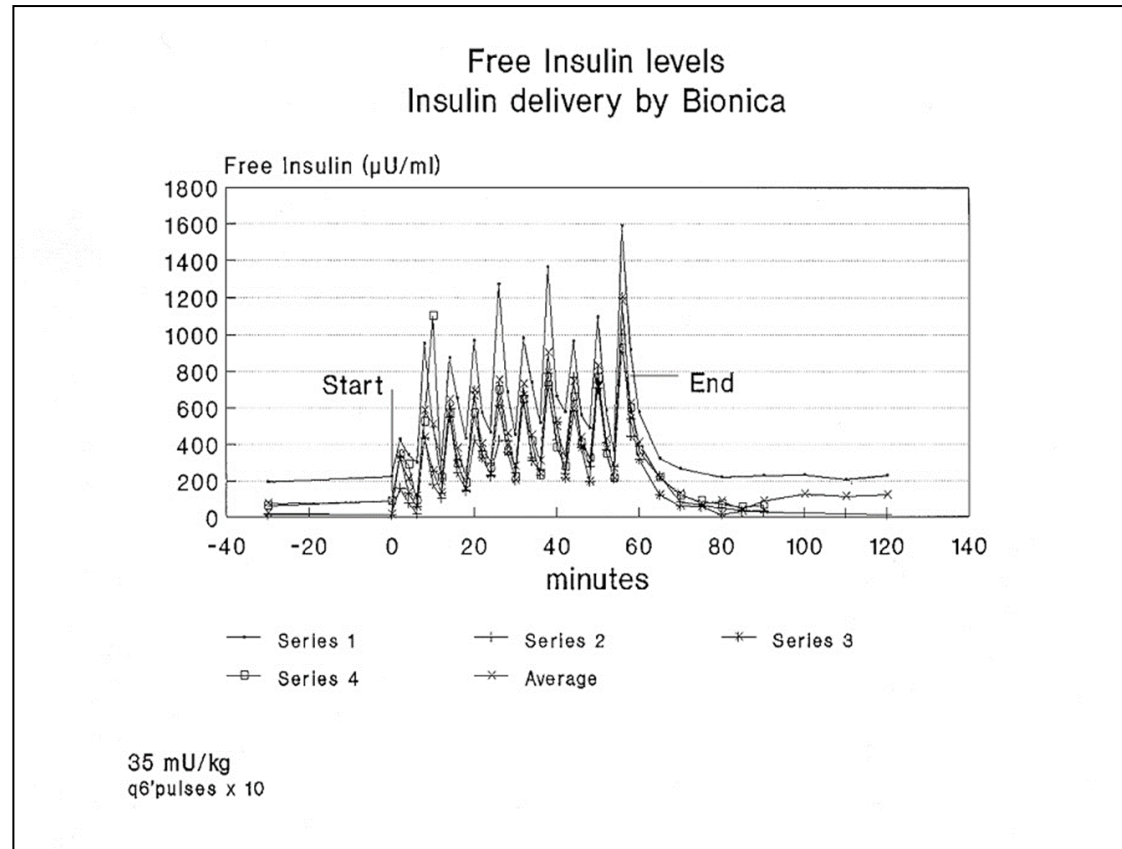
- Delayed absorption
- Inpatient absorption variability (up to 35% → metabolic lability)
- Increases systemic insulin concentrations before reaching the liver
- Dosage attrition

# Bionica Pump

- Goal is to re-establish normal metabolism by recapitulating pulsatile insulin effects to the liver
- Uses a patented, FDA-cleared pump (Bonica) that re-approximates the periodicity and amplitude of pancreatic insulin secretion to the portal vein
- Achieves physiological insulin concentrations in the portal vein
- Adjunctive therapy (intended to be combined with daily intensive hypoglycemic therapy)

# Bionica Pump

## Mimics a Normal Pancreas Pulsed Insulin



- ISO 13485:2009 compliant
- US FDA cleared
- Australian (Therapeutic Goods Administration)
- South Africa FDA
- Mexico COFEPRIS (FDA)
- Kingdom of Thailand FDA
- India exemption
- European CE

# Bionica

- Developed in academic settings
  - Harvard (Joslin)
  - Scripps Clinic
  - Mayo Clinic
  - University of Arizona
  - Temple University
  - University of California-Davis
  - University of Maryland
- 16 clinical trials published in peer-reviewed journals
- Ongoing clinical trials in collaboration with Trina Health of the Carolinas

# Bionica Pump

## Long-term intermittent intravenous insulin therapy and type 1 diabetes mellitus

Aoki TT, Benbark MM, Okimura MC et al.

*Lancet.* 1993; 342: 515-7.

### Results:

- 1.HgbA1c decreased from 8.5% to 7.0% at 41 months ( $p < 0.0003$ )
- 2.Frequency of major hypoglycemic events decreased from 3.0 events/month to 0.1 events/month ( $p < 0.0001$ )
- 3.Frequency of minor hypoglycemic events decreased from 13.0 events/month to 2.4 events/month ( $p < 0.0001$ )





# Bionica Pump

Effect of intensive insulin therapy on progression of overt nephropathy in patients with type 1 diabetes mellitus

Aoki TT, Grecu EO, Gollapudi GM, et al.

*Endocrine Practice*. 1999; 5(4): 174-8.

Purpose: To assess the effects of CIIT on progression of nephropathy

Design: Multi-center, retrospective, longitudinal study; 31 pts

Results: HgbA1c decreased from  $8.6 \pm 0.6\%$  to  $7.6 \pm 0.3\%$  ( $p=0.0062$ ); CrCl remained unchanged ( $46.1 \pm 3.0 \text{ mL/min/1.73m}^2$  to  $46.0 \pm 3.9 \text{ mL/min/1.73m}^2$ )

Conclusion: Addition of CIIT to intensive insulin therapy reduces progression of overt diabetic nephropathy in pts with type 1 DM



# Bionica Pump

## Effect of pulsatile intravenous insulin therapy on the progression of diabetic nephropathy

Dailey GE, Boden GH, Creech RH, et al.

*Metabolism*. 2000; 49(11): 1491-5.

Purpose: To assess the effects of PIVIT on progression of nephropathy

Design: Multi-center, prospective, controlled study; 49 pts; type 1 DM; 18 mo

Results: Rate of CrCl decline was significantly less in PIVIT arm vs control (2.21±1.62 mL/min/yr vs. 7.69±1.88 mL/min/yr; p=0.0343)

Conclusion: PIVIT added to intensive insulin therapy reduces progression of diabetic nephropathy

### Effect of Pulsatile Intravenous Insulin Therapy on the Progression of Diabetic Nephropathy

George E. Dailey, George H. Boden, Robert Creech, David L. Johnson, Paul E. Chavers, Frank P. Baravelli, James G. Beckwith, William W. H. 1998

The purpose of this study was to assess the effect of pulsatile intravenous insulin therapy (PIVIT) on the progression of diabetic nephropathy in type 1 diabetes mellitus (T1DM). The study was a multi-center, prospective, controlled trial. The study included 49 patients with T1DM and nephropathy. The study was divided into two groups: PIVIT and control. The PIVIT group received pulsatile intravenous insulin therapy, while the control group received conventional insulin therapy. The study was conducted over 18 months. The primary endpoint was the rate of decline in creatinine clearance (CrCl). The PIVIT group had a significantly lower rate of decline in CrCl compared to the control group (2.21 ± 1.62 mL/min/yr vs. 7.69 ± 1.88 mL/min/yr; p = 0.0343).

**D** IABETES MELLITUS (DM) is a chronic disease characterized by hyperglycemia. The long-term complications of DM are a major cause of morbidity and mortality. Diabetic nephropathy is a common complication of DM, characterized by progressive renal dysfunction. The purpose of this study was to assess the effect of pulsatile intravenous insulin therapy (PIVIT) on the progression of diabetic nephropathy in type 1 diabetes mellitus (T1DM). The study was a multi-center, prospective, controlled trial. The study included 49 patients with T1DM and nephropathy. The study was divided into two groups: PIVIT and control. The PIVIT group received pulsatile intravenous insulin therapy, while the control group received conventional insulin therapy. The study was conducted over 18 months. The primary endpoint was the rate of decline in creatinine clearance (CrCl). The PIVIT group had a significantly lower rate of decline in CrCl compared to the control group (2.21 ± 1.62 mL/min/yr vs. 7.69 ± 1.88 mL/min/yr; p = 0.0343).

**Keywords:** Diabetes mellitus, nephropathy, insulin therapy, creatinine clearance, type 1 diabetes mellitus.

# Bionica Pump

## Pulsatile intermittent intravenous insulin therapy for attenuation of retinopathy and nephropathy in type 1 DM

Weinrauch LA, Sun J, Gleason RE, et al.

*Metabolism Clinical and Experimental*. 2010; 59: 1429-34.



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ScienceDirect  
Metabolism Clinical and Experimental 59 (2010) 1429–1434

Metabolism  
Clinical and Experimental  
[www.metabolismjournal.com](http://www.metabolismjournal.com)

### Pulsatile intermittent intravenous insulin therapy for attenuation of retinopathy and nephropathy in type 1 diabetes mellitus

Larry A. Weinrauch<sup>a,\*</sup>, Jennifer Sun<sup>a</sup>, Ray E. Gleason<sup>a</sup>, Guenther H. Boden<sup>c</sup>, R.H. Creech<sup>e</sup>, George Dailey<sup>d</sup>, Frank P. Kennedy<sup>e</sup>, Matthew R. Weir<sup>b</sup>, John A. D'Elia<sup>a</sup>

<sup>a</sup>William P. Beetham Eye and John Cook Renal Units, Joslin Diabetes Center, Boston, MA, USA

<sup>b</sup>University of Maryland, Baltimore, MD, USA

<sup>c</sup>Mayo Medical Center, Rochester, MN, USA

<sup>d</sup>Scruggs Medical Center, San Diego, CA, USA

<sup>e</sup>Sacramento Medical Center, Nashville, TN, USA

<sup>f</sup>Temple University Health Center, Philadelphia PA, USA

Received 15 October 2009; accepted 6 January 2010

#### Abstract

Many hormones are secreted in a pulsatile fashion that is more efficient than continuous secretion when tested in vivo. A trial of multiple daily insulin doses with or without the addition of weekly pulsatile insulin infusion therapy was designed to determine if deterioration of renal and retinal function could be blunted. Sixty-five study subjects were evaluated prospectively in 7 centers. Thirty-six patients were randomly allocated to the infusion group and 29 to the standard therapy group. Mean serum creatinine was 1.6 mg/dL in both groups. Subjects were excluded if clearance was less than 30 mL/min. There were no significant differences between the groups with respect to age, duration of diabetes, sex distribution, glycohemoglobin, blood pressure, angiotensin-converting enzyme inhibitor use, proteinuria, or baseline diabetic retinopathy (DR) severity level (all eyes exhibited DR; 8 were deemed technically not amenable to evaluation). Progression of DR was noted in 31.6% of 57 patients (32.3% treated, 30.8% control;  $P = 1.0$ ) with both eyes evaluable. For patients with 12 or more months of follow-up, 27.9% of 43 patients demonstrated progression of DR (32.9% treated, 22.2% control;  $P = .57$ ). There were no significant differences between study groups with respect to progression or marked progression, nor was there any influence of duration of follow-up. Progression of DR was noted in 18.8% of 122 eyes that could be adequately evaluated (17.9% of 67 treated, 20% of 55 controls;  $P = .39$ ). Serum creatinine increased to 1.7 mg/dL in the treatment group and to 1.9 mg/dL in the control group ( $P = .03$ ). Statistically significant preservation of renal function by pulsatile insulin infusion was not matched by a statistically significant prevention of DR progression compared with standard diabetes care. Inadequate statistical power or duration of the study, or lack of further benefit of pulsatile insulin infusion on the retina in the presence of angiotensin-converting enzyme inhibition may be responsible.

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#### 1. Background

Pulsatile secretion of insulin from  $\beta$ -cells follows a pattern of oscillations of intracellular calcium. Increased efficiency of equimolar amounts of hormones administered

in pulsatile fashion when compared with continuous infusion has been demonstrated for insulin [1,2], glucagon [3], and growth hormone [4]. Disruption of organized pulsatile secretion of insulin in type 2 diabetes mellitus and in aldosterone secreted from adrenocortical adenomata [5] has been noted. Pulsatile secretion of hormone is retained by the isolated  $\beta$ -cell [6] and the remnant parathyroid gland [7] despite separation from changes in plasma glucose or calcium.

The addition of pulsatile infusion to multiple daily subcutaneous injections has been reported to decrease elevated glycohemoglobin while diminishing hypoglycemic

**Purpose:** To determine if pulsatile insulin therapy could blunt renal and retinal deterioration

**Design:** Multi-center, prospective, controlled study; 65 pts; type 1 DM; 22 mo

**Results:** No change in rate of DR (32.3% vs. 30.8%;  $p = 1.0$ ); decreased rate of serum creatinine increase (1.7 mg/dL vs 1.9 mg/dL;  $p = 0.03$ )

**Conclusion:** Pulsatile insulin preserved renal function; DR progression unchanged

Presented in part at the American Diabetes Association, 69th Scientific Sessions, June 5-9, 2009, and the American Society of Nephrology, 42nd Scientific Sessions, October 27-November 1, 2009.

ClinicalTrials.gov trial no. NCT00594152.

\* Corresponding author.

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doi:10.1016/j.metabol.2010.01.004

# Bionica Pump

COMMENTARY

## Loss of Pulsatile Insulin Secretion: A Factor in the Pathogenesis of Type 2 Diabetes?

John Wahren<sup>1,2</sup> and Åsa Kallas<sup>2</sup>

For many years, the prevailing view has been that the initiating event in type 2 diabetes is development of insulin resistance in peripheral tissues that triggers overproduction of insulin by pancreatic  $\beta$ -cells. Eventually,  $\beta$ -cells reach a stage at which they are unable to compensate for the insulin resistance, resulting in hyperglycemia and overt diabetes. The underlying cause of tissue insulin resistance is not well understood, but several putative mechanisms including ectopic lipid accumulation and low-grade activation of inflammatory pathways have been proposed (1). Recent evidence suggests that  $\beta$ -cell failure may occur in parallel with the development of insulin resistance (2), and  $\beta$ -cell failure may in itself be a cause of insulin resistance (3).

Insulin is secreted into the portal vein in a pulsatile fashion with approximately 5-min cycles (Fig. 1) (4–6). Insulin pulses may account for as much as 70% of the total insulin secretion in the basal state (4). This pulsatile  $\beta$ -cell secretion pattern is controlled by an intrinsic rhythm of intracellular  $Ca^{2+}$  oscillations (7). Adjacent  $\beta$ -cells in the islets adapt to each other via autocrine interaction, resulting in a coordinated secretion pattern. In addition, synchronization of all islets so that insulin release by the entire pancreas occurs in distinct peaks results from autonomic nervous system involvement (8). Interestingly, a pulsatile secretion of somatostatin takes place in phase with the insulin release, whereas pulsatile glucagon secretion is antiphasic to that of both insulin and somatostatin (Fig. 1) (5). The resulting >20-fold variations in portal vein insulin-to-glucagon ratio may be of importance for short-term regulation of hepatic glucose metabolism.

A substantial decline in  $\beta$ -cell function is now believed to occur in the early stages of type 2 diabetes development.  $\beta$ -Cell mass is reduced by approximately 40–60% when patients present with type 2 diabetes (9). To compensate for decreased  $\beta$ -cell mass, the remaining  $\beta$ -cells produce high levels of insulin, but the pulsatile secretion pattern is modified in that the insulin pulses are markedly attenuated (4). This altered insulin secretion has several consequences, including effects on the autocrine regulation of insulin secretion (10), higher plasma levels of uncleaved proinsulin (11), and development of hepatic insulin resistance in both animals and humans. In addition, more insulin

seems to escape hepatic retention, leading to elevated peripheral insulin levels. Insulin resistance has partly been ascribed to decreased number and downregulation of insulin receptors with subsequent effects on the intracellular signaling system, including insulin receptor substrate 1 (IRS-1). Normally, IRS-1 binds to the cytoplasmatic portion of the activated, autophosphorylated insulin receptor and becomes phosphorylated at several tyrosine residues, thereby initiating the intracellular signaling cascade of insulin (12).

In this issue of *Diabetes*, Matveyenko et al. (13) present new evidence regarding the effect of different modes of intraportal insulin delivery on hepatic intracellular insulin signaling and whole-body glucose utilization in animals. Insulin administration was either pulsatile (representing the healthy state), constant rate, or with reduced magnitude of the pulses (mimicking the defective insulin secretion of type 2 diabetes). Activation of intracellular insulin signaling via IRS-1 and IRS2, Akt, and Foxo1 was evaluated. The investigators provide evidence that phosphorylation of these signaling proteins, as well as the mRNA expression of glucokinase, was delayed and impaired following constant rate and type 2 diabetes-like insulin infusions as compared with the pulsatile infusion. These findings provide the first direct evidence that the loss of pulsatile insulin secretion leads to intrahepatic molecular changes and altered gene expression consistent with the development of hepatic insulin resistance. Moreover, pulsatile insulin administration was accompanied by a modest decrease in plasma glucose levels, whereas both the constant infusion and the type 2 diabetes-mimicking infusion resulted in increased plasma glucose levels in the fasting state. The insulin secretion pattern appears to influence both blood glucose regulation and tissue insulin resistance. Finally, to extend these short-term results, the investigators used the human islet amyloid polypeptide (IAPP) transgenic rat model of type 2 diabetes in studies covering up to 12 months. Compared with age-matched Sprague-Dawley control rats, the IAPP rats exhibited a progressive loss of  $\beta$ -cell mass, decreased mass of insulin pulses, elevated fasting levels of glucose, and decreased levels of glucokinase mRNA.

The pulsatile secretion of insulin by the  $\beta$ -cells is not a piece of evolutionary whimsy, yet its possible functional importance and the consequences of the loss of this function in type 2 diabetes have received only limited attention to date. Therefore, the present results by Matveyenko et al. (13) represent a welcome tour de force of new information in this area and bring to the foreground the distinct possibility that loss of insulin pulsatility and  $\beta$ -cell dysfunction may not only be initiating events, but also drivers in the development of hepatic insulin resistance and progression of type 2 diabetes. The extent to which the present findings for rats and dogs translate to people with type 2 diabetes needs to be evaluated. A primary role for  $\beta$ -cell dysfunction

## Loss of pulsatile insulin secretion: A factor in the pathogenesis of type 2 diabetes?

Wahren J and Kallas A

*Diabetes*. 2012; 61: 2228-9.

- Based on Matveyenko AV et al paper *Diabetes*; 2012; 61:2269-79
- Peripheral insulin resistance leads to overproduction of insulin by pancreatic  $\beta$ -cells
- Pulsatile secretion patterns are markedly attenuated
- Results in hepatic insulin resistance and downregulation of insulin receptors, further propagating type 2 DM

From the <sup>1</sup>Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm, Sweden, and <sup>2</sup>Center for Diabetes Research, Karolinska Institutet, Stockholm, Sweden.  
Corresponding author: John Wahren, john.wahren@ki.se.  
DOI: 10.2337/dci.110404  
© 2012 by the American Diabetes Association. Readers may use this article as long as the work is properly cited, the use is educational and not for profit, and the work is not altered. See <http://creativecommons.org/licenses/by-nd/3.0/> for details.

See accompanying original article, p. 2269.



# Artificial Pancreas Treatment

## Protocol:

- Infusion of intravenous insulin (weight-based) precisely pulsed via Bionica pump to mimic pancreatic secretion
- Oral consumption of glucose solution during infusions
- Three hourly treatments with ambulation in-between each
- Insulin/glucose titration based on metabolism monitoring by carbon dioxide production ( $VCO_2$ ) and blood glucose levels
- Induction: 2 consecutive days
- Maintenance: Weekly → biweekly

# Bionica Pump

## Safety

### •Potential Adverse events:

- Insulin: Hypoglycemia, hypokalemia, hypersensitivity syndromes, anaphylaxis, weight gain, HA
- Glucose: Hyperglycemia, gastrointestinal upset
- IV: Infusion reactions, injection site reactions

### •Experience

- Nearly 200,000 treatments
- Clinics in US: California, Texas, Louisiana, Tennessee, North Carolina, Florida, Arizona
- Clinics internationally: China, Thailand, Singapore, Australia, India
- Pending: New York, New Jersey, Pennsylvania, South Carolina, Florida, UAE

# Conclusions

- Diabetes is a systemic metabolic disease
- Diabetes continues to be an epidemic despite intensive hypoglycemic efforts to date
- Complications of diabetes account for its high burden of disease
- Conventional hypoglycemic therapy does not fully restore normal glucose metabolism or blood glucose control

# Conclusions

- Endogenous insulin is normally released in a pulsatile manner from the pancreas in non-diabetic patients
- Pulsatile “burst” insulin delivery has significant physiologic effects and pharmacologic implications
- Trina Artificial Pancreas Treatment<sup>®</sup> uses a patented, FDA-cleared pump (Bonica) that re-approximates the periodicity and amplitude of pancreatic insulin secretion to the portal vein, before it was even discovered that these bursts were “normal”.
- Developed and studied in academic settings: Harvard, Mayo, Scripps, Temple, Univ. of Maryland, Univ. of Arizona, Univ. of California-Davis

# Conclusions

- Clinical trial results:
  - Decreased HgbA1c, decreased hypoglycemic events, improved BP control, decreased progression of diabetic nephropathy, improved nerve conduction velocity.
- Safe adverse event profile
- Close to 200,000 treatments to date
- Indicated for both type 1 and type 2 diabetes
- No other treatment achieves normalized metabolism of carbohydrates
- No other treatment mimics a normal pancreas !

## Parting thoughts

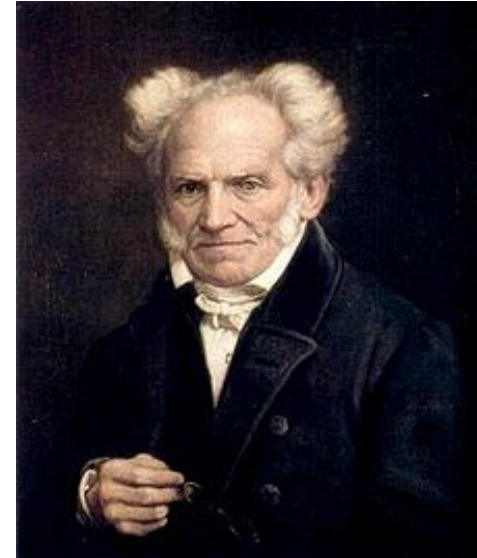
“All truth passes through three stages:

First, it is ridiculed.

Second, it is violently opposed.

Third, it is recognized as self-evident.”

Father of Modern Philosophy Arthur Schopenhauer (1788-1860), German philosopher



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